

# Dragonfly Yoga Socks

These yoga socks were inspired by a desire to let go of the things I cannot change. The Dragonfly symbolizes change, transformation, adaptability, and self-realization. I thought it would be appropriate to use the dragonfly stitch for my yoga sock pattern. Through practice, we often seek to change through self-realization.

The pattern can easily be adjusted to suit your needs. The dragonfly stitch requires 12 stitches. When making your foundation chain, chain 32 and then wrap around your foot just behind the ball. If it is snug but not too tight, you're good to go! I will talk you through the remaining adjustments as we go.

This project works up very quickly, I would estimate an hour to complete a pair. I used stash yarn for this project, less than ½ skein.

## Finished Size

Circumference 9" at ball, 8" cuff (it's stretchy)

Cuff Length 2 1/2"

## Yarn

Caron Simply Soft acrylic: worsted weight, black.

## Gauge

1" = 4 double crochet and 3 rows

## Hook

Size H (5.00mm)

## Notions

2 Stitch markers, tapestry needle

## Abbreviations

blo back loop only (you will crochet through the back loop only)

ch chain

dc double crochet

PM place marker

sl st slip stitch



sk skip stitch(es)  
st stitch  
tc triple crochet <http://www.lionbrand.com/how-to-crochet-making-triple-crochet/>

### Sock Pattern

Chain 32 (or number needed to wrap around your foot just behind the ball). Slip stitch to first chain.

R1: Ch 3, PM on post (around the 3 chains), dc 5, ch1, sk 1 st, dc 6st, PM on post, dc remaining st, sl st to top of ch 3.

R2: Ch 3, dc 2st, ch 3, sk 3 st, sc 1 in space of ch in row below, ch 3, sk 3 st, dc 3 st, dc remaining st, sl st to top of ch 3.

R3: Ch 3, dc 1, ch 4, sk 1 st and chains, sc 1 through middle of sc in row below (through the facing 'v'), ch 4, sk chains and 1 st, dc 2, dc remaining st, sl st to top of ch 3.

R4: Ch 3, dc 1, 4 dc in space formed by chains, triple crochet in middle of sc st in row below, 4 dc in chain space, 2 dc, dc in remaining st, sl st to top of ch 3

R5: Ch 3, dc around, sl st to top of ch 3

R6: Repeat R5 for 4 rounds or when you put on the sock it reaches the front of your heel.

R7: Ch 3, dc 1 st less than  $\frac{1}{2}$  a round (e.g.  $32-16-1=dc\ 15$ ), ch 15, dc in last st, sl st to top of ch 3.

R8: Ch 3, dc around (including ch stitches), sl st to top of Ch 3

R9: repeat R8

R10-13: Ch 3, dc in blo, sl st to top of ch 3. When you've reached the length of the cuff you desire, fasten off and weave in ends.

Feel free to use this pattern, please don't claim it as yours. Please don't sell items made using this pattern, they are best gifted to beloved yogis in your life ☺

